NEWSLETTER 1

TechWell
Digital Wellness in Schools

TECHWELL KICKS OFF
A HOLISTIC STRATEGY FOR DIGITAL WELLNESS IN SCHOOLS

TechWell is a European policy experimentation project co-funded by the Erasmus+ Programme, Priority 2: Digital Well-being. Its overarching goal is to support schools in creating healthier, more balanced digital learning environments. As digital technologies become increasingly embedded in education, TechWell aims to address key challenges such as digital addiction, cyber safety, and equitable access to digital tools —placing well-being at the heart of digital transformation.

The project is led by a diverse consortium of ministries of education, pedagogical institutes, universities, edtech clusters, and NGOs from across Europe. This strategic collaboration brings together expertise in policy development, teacher training, educational research, and digital innovation.
Together, partners are co-designing inclusive strategies and tools to support students, teachers, families, and school leaders.
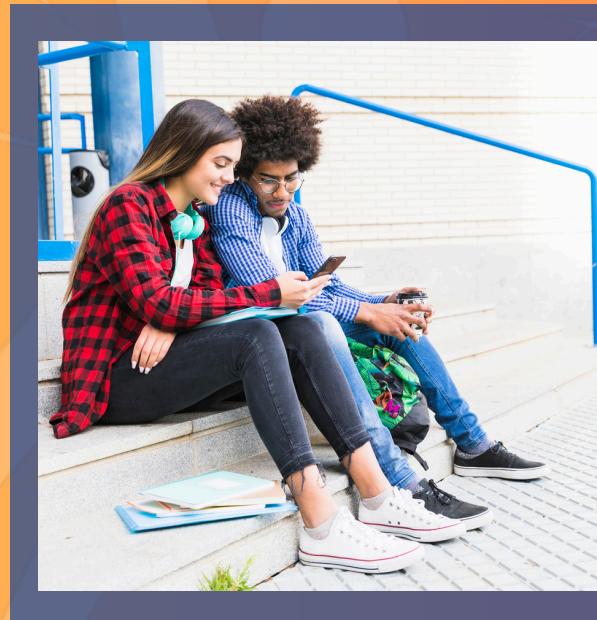
TRANSNATIONAL STAKEHOLDER MAPPING AND NEEDS ANALYSIS

Partners carried out a coordinated stakeholder mapping and needs analysis process across participating countries. This resulted in the Transnational Stakeholder Mapping and Needs Analysis Report, providing a shared evidence base to inform project activities and national adaptations.

WHAT HAS HAPPENED SO FAR?

KICK-OFF MEETING IN SOFIA

TechWell officially launched with its first transnational meeting in Sofia, Bulgaria, where all partners gathered to align visions and define the project's work plan. The meeting marked the start of collaborative activities, including the design of the Digital Wellbeing Suite (DWS)—a set of resources and guidelines to be piloted in schools. The atmosphere was energizing, with shared commitment to building a strong and open community around digital wellness in education.

Since the project launch, partners have been working closely to establish a strong common framework for action and experimentation.

PARTICIPATORY WORKSHOPS IN SIX COUNTRIES

As part of preparations, partners organised national workshops involving schools, educators, experts, and relevant stakeholders. These sessions ensured that local perspectives, challenges, and expectations are embedded in the project's design from the outset.

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WHAT ARE WE WORKING ON NOW?

In the past months, the consortium conducted needs assessments, engaged stakeholders, and began developing the first components of the Digital Wellbeing Suite.

Pilot testing will follow, allowing schools to experiment with tailored strategies and tools that promote digital balance and inclusion.

EDUCATIONAL RESOURCE TOOLKIT – IN DEVELOPMENT

Partners are currently developing the Educational Resource Toolkit, a core element of the Digital Wellbeing Suite. The toolkit will include practical, age-appropriate, and school-ready materials to support digital well-being in everyday educational practice.

SCHOOL SELECTION STRATEGY AND IMPLEMENTATION ROADMAP

In parallel, the consortium is finalising the implementation roadmap, including the strategy for selecting participating institutions for the pilot phase. This work ensures a transparent, inclusive, and context-sensitive approach to testing TechWell solutions in real school environments.

WHAT'S NEXT?

In the coming months, TechWell will:
- finalise key educational resources,
- prepare pilot implementation in selected schools,
- continue engaging stakeholders at local and transnational level,
- and share insights and progress through the project website and upcoming newsletters.

Stay tuned for updates, resources, and opportunities to get involved. TechWell is just beginning—and together, we're shaping the future of digital education.

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STAY CONNECTED WITH US

for updates on additional resources, upcoming events, and opportunities

SCAN FOR MORE

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